

**INVITATION**  
**International Cup of Clubs**  
in  
**TEAMGYM**

**Plzen 21. – 22. 3. 2026, Czech Republic**

With support of



## A/ General Information

1. *Organizer:* FLIK – FLAK Plzeň, z.s.,
2. *Date:* 21. - 22. 3. 2026
3. *Venue:* Sportovní hala města Plzně, TJ Lokomotiva Plzeň, hall 1 – [visit web page here](#)  
Uslavska 75, 326 00 Plzeň, Czech Republic

### How to get to the hall:

- **By tram No. 2** (stop *Bazén Slovany*) and then about 300 m walk via Habrmannova Street
- **By trolleybus No. 12** (stop *Petrohrad*) and then about 400 m walk via Guldenerova Street
- **By car or bus** – parking is available around the sports hall and in the adjacent streets

4. *LOC (to be confirmed within Workplan):*

Competition director	Mgr. Petra Lisecová
Executive	Libor Pecenka
<u>Contact e-mail:</u>	<a href="mailto:p.lisecova@gmail.com">p.lisecova@gmail.com</a>

5. *Registration:*

**Preliminary registration till 23. 01. 2026**

Registration to be provided as follows:

Via google form: [link here](#)

7. *Accommodation:*

Booked and covered by teams. (Nearby hotels: [Hotel Trend](#), [Hotel Plzeň](#), [Hotel Primavera](#), [Bazén Slovany](#), [VIENNA HOUSE PILSEN](#), [U Gigantu](#)) or via [www.booking.com](http://www.booking.com)

8. *Meals:*

It will be possible to order meals (the form will be provided). There is also buffet at the venue. Refreshment for judges to be ensured by organizer.

9. *Travel costs:*

Covered by teams.

11. *Important dates:*

<b>Preliminary registration</b>	<b>23. 01. 2026</b>
<b>Registration and names of judges*</b>	<b>20. 02. 2026</b>
<b>Payment of entry fee*</b>	<b>20. 02. 2026</b>
<b>Providing music and Tariff forms*</b>	<b>13. 03. 2026</b>
Drawing of starting order	07. 03. 2026

**\*Details to be provided in Work Plan shared after Preliminary registration**

## B/ Technical statements

### 12. Regulations:

According to:

- [International Cup of Clubs TeamGym Technical Regulations 2026](#)

- Statements in this Invitation and Work Plan

### 13. Apparatus:

<b>TEAM</b>	<b>MICROTEAM</b>
Floor	Tumble
Tumble	Trampet
Trampet	

### 14. Competition Equipment: Following equipment to be available at competition hall

Carpet for Floor 16 x 14 m (**14 x 14 m** for YOUTH II, YOUTH I, OPEN)

Tumble track 15 m, run up 16 m, landing area, additional landing matt.

Trampets Dorado 40 („red“), MD Super G 36, Eurotramp 32 or similar “soft trampet” type (to be specified within Work Plan) , run-up 25 m, landing area, additional matt.

Vaulting table 130 – 165 cm

**Height of the vaulting table and height of the selected trampet to be provided at accreditation.**

### 15. Warm up:

Possible at dedicated separated place at the competition hall, prior organized trainings.

### 16. Participants:

Participation of gymnast in respective ICC cycle is not allowed if:

- gymnast has competed for National Team at European or Continental Championships in the previous calendar year
- gymnast has been selected for National Team to participate at European or Continental Championships taking place in current calendar year

### 17. Teams:

Each gymnast can compete only in one team and one category and section.

#### **Age categories**

**YOUTH II:** from 8 to 10 years (**born 2016 – 2018\***)

**YOUTH I:** from 11 to 13 years (**born 2013 - 2015**)

**JUNIOR:** from 14 to **17 years** (**born 2012 - 2009**)

**SENIOR:** 17 years and older (**born 2009 and older**)

**OPEN:** 8 years and older (**born 2018 and older\*\***)

\* 8 years old already at the time of the competition

\*\* For OPEN age competition it is mandatory to compose team with at least two (2) gymnasts from YOUTH categories, and for microteam a gymnast (1) from YOUTH is mandatory.

For both TEAM and MICRO team competition, a maximum half of the team (excluding reserves) can be composed from younger gymnasts. In these cases, the age category is determined by the older gymnasts in the team.

For TEAM competition maximum 2 younger gymnasts are allowed to perform in each round in Tumble and Trampet.

For MICROTEAM competition only 1 younger gymnast is allowed to perform in each round in Tumble and Trampet.

The gymnasts have the right to participate if they reach the determined min/max age during the year of the competition.

The organizer reserves the right to request age verification by means of an official ID document.

**Size of the teams:**

**TEAM: 6-10 gymnasts (with max. 2 reserves more)**, gymnasts may represent maximum three clubs and be part of one team and competition (the same gymnast cannot participate in TEAM and MICROTEAM competition).

**MICROTEAM: 3-5 gymnasts (with max. 2 reserves more)** may represent maximum three clubs and be part of one team and competition.

**The same gymnast cannot participate in both TEAM and MICROTEAM competition**

**18. Entry fee:**

*Team competition – 240 EUR per each team*

*MicroTeam – 120 EUR per each team*

Payment via bank transfer to the account (**NO PAYMENT required based on pre-liminary registration!**)

**19. Objections:**

According International Cup of Clubs TeamGym Technical Regulations 2026.

**20. Judges:**

**Each participating club is obliged to nominate 1 judge.** If the club/delegation has more than two (2) teams registered, it is obliged to nominate at least two (2) judges. Each judge is obliged to judge the entire competition day when the club is participating.

If the requirement cannot be fulfilled, then the penalty fee 180 EUR must be paid to LOC at accreditation for each missing judge.

If the club/delegation registers three (3) teams or more and nominates only one judge, the penalty for missing judge is 100 EUR, paid at accreditation.

Thank you for providing required number of judges for smoother competition running (time schedule).

Mgr. Petra Lisecová, on behalf of LOC

In Plzen 30. 12. 2025